

*You're invited*

## **5 sessions designed to help couples build a strong future together.**

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The course helps couples to:

- Communicate more effectively
- Understand each other's needs
- Resolve conflict
- Know the importance of spending time together
- Develop a good sexual relationship
- Share goals, values and dreams

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The Pre-Marriage Course

# A place to build strong foundations

A man in a light yellow short-sleeved shirt and dark trousers is walking hand-in-hand with a woman in a teal sleeveless top and white skirt. They are walking away from the camera on a paved path. In the background, there is a large, modern structure with a yellow and white geometric roof, a body of water, and lush green trees. A white pole with a "NO" sign is visible on the left.

The  
Marriage  
Course

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The Pre-Marriage Course

# Build a strong relationship



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The Pre-Marriage Course

# Build a strong relationship



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